



Richmond Hill Ringette Association

10660 Yonge Street
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www.rhringette.com

August 2009

LIGHTNING NEWS

The 2009 - 2010 RINGETTE season is almost here!

"COME TRY RINGETTE" - SUNDAY SEPTEMBER 27

1:00 P.M. at Tom Graham Arena

Calling all 5 to 11 year olds! Invite your friends to "COME TRY RINGETTE" to kick off the season. This is a great opportunity to **show your friends what RINGETTE is all about**. Equipment requirements are a helmet (preferably with mask), skates, winter mitts, snow pants and warm coat for everyone on the ice. A simple pre-registration is required at www.rhringette.com.

2009-2010 SEASON REGISTRATION

Please register on line at www.rhringette.com and you can drop your cheque either at the RHRA mailbox on the equipment room door at Tom Graham Arena (Green Rink) or send by snail mail to the address noted at the top of this newsletter. You may also register in person on the following date: **Sunday, Sept 27th, 2009, 11:00 am - noon**, Tom Graham arena Questions? Contact Tracey Mattucci at 905-884-7591 jtmattucci@rogers.com.

FALL SKILLS CLINICS

Get a fast and exciting start to the 2009-10 Ringette Season at the 6th annual Richmond Hill Ringette **Power Skating / Skills Clinics** run by the Richmond Hill Lightning Open AA players. For further details and registration visit www.rhringette.com.

EQUIPMENT SWAP / DONATION - SUNDAY SEPTEMBER 27

10:00 A.M. to 4:30 P.M. at Tom Graham Arena

Clean out your garage or basement of any ringette equipment that is too small.....recycle it back into the Ringette Association.....if you're looking for equipment come and check it out.....great place to find bigger skates or other equipment.

SEASON STARTS THE WEEKEND OF OCTOBER 17th

RHRA Home games will be held:

Sundays between 9:30 a.m. and 4:30 p.m. @ Tom Graham Arena

Saturdays between 4:00 p.m. and 9:00 p.m. @ Ed Sackfield Arena

PRACTICE SCHEDULE

First practice dates and locations are as follows (see also www.rhringette.com):

LTP (Lawson-Peacock):	Sunday, Oct. 18; 3:30 pm	Tom Graham
U9 (Bunny) House League:	Sunday, Oct. 18; 2:30 pm	Tom Graham
U10 (Novice) House League:	Saturday, Oct. 17; 4:30 pm	Elgin Barrow W
U10 (Novice) (Palmer):	Wednesday, Sept., 30; 6:00 pm	Tom Graham
U10 (Novice) (Lee):	Monday, Sept. 28; 5:30 pm	Tom Graham
U10 (Novice) (West):	Monday, Sept. 28; 5:30 pm	Tom Graham
U12 (Petite) A (File):	Tuesday, Sept 29; 7:00 pm	Tom Graham
U12 (Petite) B (Hutchinson):	Friday, Oct. 2; 7:00 pm	Tom Graham
U12 (Petite) B (TBA):	Wednesday, Sept 30, 6:00 pm	Tom Graham
U14 (Tween) B (Booth):	Friday, Oct. 2; 7:00 pm	Tom Graham
U14 (Tween) A (Craig/Turner):	Tuesday, Sep 29; 7:00 pm	Tom Graham
U16 (Junior) A (Edward):	Tuesday, Sep 29; 8:00 pm	Tom Graham
U16 (Junior) AA (File):	Tuesday, Sep 29; 8:00 pm	Tom Graham
U19 (Belle/Jr) B (Matin):	Tuesday, Sep 29; 9:00 pm	Tom Graham
U19 (Belle) AA (Todd):	Tuesday, Sep 29; 9:00 pm	Tom Graham

LONG TERM ATHLETE DEVELOPMENT "LTAD"

Ringette Canada and the Ontario Ringette Association are in the process of rolling out a Long Term Athlete Development (LTAD) model that will reshape our sport over the next four years. Our executive is committed to supporting and executing this model as we feel it will benefit the development of our sport over the long term. Some of the changes you will see this year:

- ✓ Renaming of the age categories to U9, U10, U12, U14, U16, and U19.
- ✓ First time 8 year old players will have the option to play U9 (Bunny) to encourage development.
- ✓ Experienced 8 year olds will play U10 (Novice).
- ✓ U9 games will not have scores displayed on the scoreboard.
- ✓ U9 teams will be comprised of players with varying skill levels and there will be no "Major" or "Minor" U9 teams. This is consistent with how our Bunny House League has been run over the years.

Further details on upcoming changes will be available on our website in the coming months. In the meantime visit Ringette Canada's website and the Ontario Ringette Association's website for more LTAD information.

WANTED: HELPERS FOR LEARN-TO-PLAY PROGRAM

JUNIOR and BELLE age PLAYERS are needed to provide on-ice help and instruction for the LEARN-TO-PLAY program on Sunday afternoons. There will be paid and volunteer positions available (earn community service hours). Please contact Michelle Lawson-Peacock at 647-274-4595 or email mlawsonpeacock@gmail.com.

TOURNAMENT DATES

RHRA 23rd ANNUAL RINGETTE TOURNAMENT – February 5-7, 2010
PROVINCIAL A CHAMPIONSHIPS: March 18 – 21, 2010 (West Ferris)
PROVINCIAL AA CHAMPIONSHIPS: February 25-28, 2010 (Nepean)
REGIONAL CHAMPIONSHIPS: April, 2010

RHRA EXECUTIVE COMMITTEE

The Richmond Hill Ringette Association is run by a team of dedicated volunteers. If you have any questions – or would like to get involved in any way, please contact anyone on the executive. No ringette skills required! Our contact information is on the RHRA website, or call Barbara Frisz at 905-884-8756

Stay tuned for a revised web site and keep a sharp eye out for our new jersey design!!